



February 2012




Coral Springs Charter School

BRKFST



Preferred Meal Systems, Inc.

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Monday	Tuesday	Wednesday	Thursday	Friday
		<p>APPLE MUFFIN</p> <p>Blended Fruit Juice</p>	<p>BEEF SAUSAGE PATTY ON A BISCUIT</p> <p>Fresh Apple^</p>	<p>FROSTED FLAKES (LOW SUGAR/WHOLE GRAIN)</p> <p>Cinnamon Raisin Bagel</p> <p>Apple-Cranberry Juice</p>
<p>COCOA KRISPIES</p> <p>Cinnamon Breakfast Square</p> <p>Apple-Cranberry Juice</p>	<p>CHEESY EGG, POTATO & TURKEY SAUSAGE INCREDI-BOWL</p> <p>Honey Belly Bears</p> <p>Blended Fruit Juice</p>	<p>RAISIN BRAN (WHOLE GRAIN)</p> <p>Glazed Donut</p> <p>Grape Juice</p>	<p>GOLDEN PANCAKES</p> <p>Fresh Apple^</p>	<p>BLUEBERRY MUFFIN</p> <p>Orange Juice</p>
<p>FROSTED FLAKES (LOW SUGAR/WHOLE GRAIN)</p> <p>Apple Granola Square</p> <p>Blended Fruit Juice</p>	<p>CHEESE OMELET</p> <p>Graham Crackers</p> <p>Apple-Cranberry Juice</p>	<p>APPLE MUFFIN</p> <p>Grape Juice</p>	<p>FRENCH TOAST STICKS</p> <p>Fresh Apple^</p>	<p>CORN POPS</p> <p>Cinnamon Raisin Bagel</p> <p>Apple Juice</p>
 <p>President's Day</p>	<p>FROOT LOOPS (LOW SUGAR)</p> <p>Cinnamon Breakfast Square</p> <p>Grape Juice</p>	<p>BANANA MUFFIN</p> <p>Apple-Cranberry Juice</p>	<p>PANCAKE & TURKEY SAUSAGE ON A STICK</p> <p>Fresh Apple^</p>	<p>CRISPIX</p> <p>Apple Granola Square</p> <p>Orange Juice</p>
<p>COCOA KRISPIES</p> <p>Cinnamon Breakfast Square</p> <p>Blended Fruit Juice</p>	<p>CHICKEN BISCUIT</p> <p>Grape Juice</p>	<p>APPLE JACKS REDUCED SUGAR</p> <p>Cinnamon Superstix</p> <p>Orange Juice</p>		

***ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK.

***MENU SUBJECT TO CHANGE.



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