





March 2010

Coral Springs Charter



BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1 COCOA KRISPIES Apple Granola Square Grape Juice	2 TURKEY HAM & CHEESE ON ENGLISH MUFFIN Orange Pineapple Juice Strawberry Waffle Cracker	3 BANANA MUFFIN Grape Juice	4 CINNAMON SWIRL FRENCH TOAST Fresh Apple^	5 FROSTED MINI WHEATS (WHOLE GRAIN) Superstix with strawberry cream cheese Orange Juice
8 APPLE JACKS Glazed Donut Blended Fruit Juice	9 BUTTERMILK WAFFLES Grape Juice	10 CORN POPS Sliced Bagel Orange Juice	11 BREAKFAST TOASTED CHEESE SANDWICH Fresh Apple^	12 BLUEBERRY MUFFIN Apple Cranberry Juice
National School Breakfast Week				
15 FROSTED FLAKES (REDUCED SUGAR) Strawberry Waffle Cracker Grape Juice	16 BREAKFAST BURRITO Blended Fruit Juice	17 MAPLE EGGO CRUNCH (WHOLE GRAIN) Apple Muffin Grape Juice St. Patrick's Day	18 FRENCH TOAST STICKS Fresh Orange^	19 CINNAMON RAISIN BAGEL Grape Juice
22 RICE KRISPIES Apple Waffle Snap Crackers Orange Pineapple Juice	23 PANCAKE & TURKEY SAUSAGE ON A STICK Grape Juice	24 BLUEBERRY MUFFIN Orange Juice	25 EGG AND CHEESE ON A BAGEL Fresh Apple^	26 
SPRING BREAK				

***ALL MEALS SERVED WITH APPROPRIATE BUNS, CONDIMENTS AND A CHOICE OF MILK. *MENU SUBJECT TO CHANGE.



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